

## **Recommended Resource Books for Parents**

\*Copies for browsing are on the book table  
**Bold titles are HIGHLY recommended.**

### **The Brain**

- \*Change Your Brain, Change Your Life, Amen, Daniel
- \***Enriching the Brain**, Jensen, Eric
- \***How the Brain Learns**, Sousa, David A.
- \*How the Special Needs Brain Learns, Sousa, David A.
- \*Making a Good Brain Great, Amen, Daniel
- \***The Mind That's Mine: One Mind at a Time**, Levine, Mel (for parents and teachers)
- \*The Seven Sins of Memory, Schacter, Daniel
- \***A User's Guide to the Brain**, Ratey, John (MP&MS recommended READ for 06-07)

### **Reading and the Brain**

- \*Building the Reading Brain, Prek-3, Wolfe, Patricia
- The Read Aloud Handbook**, Trelease, Jim (Reading Aloud is brain-compatible)
- \*Straight Talk About Reading, Hall, Susan and Moats, Louisa

### **Basic Developmental Information, Parenting**

- Between Parent and Child, Ginott, Haim
- \***The Blessings of a Skinned Knee**, Mogel, Wendy
- How to Talk So Kids Will Listen & How to Listen So Kids Will Talk, Farber, Adele & Mazlish, Elaine
- The Magic Years: understanding and Handling the Problems of Early Childhood Fraiberg, Selma
- Positive Discipline Nelson, Jane
- Spoiling Childhood: How Well-Meaning Parents are Giving Children Too Much - But Not What They Need, Ehrensaft, Diane
- \***The Price of Privilege**, Madeline Levine
- \***Too Much of a Good Thing: Raising Children of Character in an Indulgent Age**, Kindlon, Dan
- When You Worry About the Child You Love, Hallowell, Edward
- \***Yardsticks**, Wood, Chip (developmental information for parents)
- Your Five Year Old, Ames, Louise Bates and Ilg, Frances (also books for other ages)

### **About Schools and Kids**

- Off to School, A Parent's-Eye View of the Kindergarten Year, Hannigan, Irene

- \*Motivated Minds: Raising Children to Love Learning, Stipek, Deborah and Seal, Kathy
- \***Books by Mel Levine** - A Mind at a Time, Ready or Not, Here Life Comes, The Myth of Laziness
- \*The Hurried Child: Growing Up Too Fast Too Soon, Elkind, David
- \*Motivated Minds: Raising Children to Love Learning, Stipek, Deborah
- \*The Pressured Child: Helping your Child Find Success in School and Life, Thompson, Michael
- \*Raising a Child Responsibly in a Sexually Permissive World, Gordon, Sol and Judith

## **Social Growth & Development**

- \***Best Friends, Worst Enemies**, Thompson, Michael and Grace, Catherine O'Neill
- \*It's So Much Work to be Your Friend, Lavoie, Richard
- Playground Politics, Greenspan, Stanley
- \***Social Intelligence**, Goleman, Daniel
- \***Why Do They Act That Way?**, Walsh, David
- You Can't Say You Can't Play (also Kwanza and Me and The Kindness of Children), Paley, Vivian

## **Raising Boys**

- \***Books by Michael Gurian**- A Fine Young Man, The Good Son, The Minds of Boys, The Wonder of Boys
- \*Speaking of Boys, Thompson, Michael
- \*Raising Cain, Thompson, Michael
- \*Real Boys: Rescuing our sons from the myths of boyhood, William Pollack

## **Raising Girls**

- The Care and Keeping of Friends, Westcott, Nadine Bernard and Westcott, Sally (from the American Girl series, but good for both boys and girls)
- \*Queen Bees & Wannabees, Wiseman, Rosalind
- Reviving Ophelia and The Shelter of Each Other, Pipher, Mary
- \*The Wonders of Girls, Gurian, Michael

## **Miscellaneous Topics of Interest & Relevance**

- \*Sleepless in America: Is your Child Misbehaving... or Missing Sleep?, Kurcinka, Mary Sheedy
- \*Endangered Minds: Why Children Don't Think AND What WE Can Do About It, Healy, Jane
- \*How Computers Affect Our Children's Minds - For Better and Worse, Healy, Jane

Many of the above titles are available on CD/Cassette and make great car listening in small chunks!